

The Promise of Entering His Rest

Hebrews Pt 05

Heb 3:14-19 Today when you hear his voice,
don't harden your hearts as Israel did when they
rebelled....to whom was God speaking when he
took an oath that they would never enter his
rest? Wasn't it the people who disobeyed him?
(19) So we see that because of their unbelief
they were not able to enter his rest...

Heb 4:1 God's promise of entering his rest still stands, so we ought to tremble with fear that some of you might fail to experience it. (2) For this good news—that God has prepared this rest—has been announced to us just as it was to them. But it did them no good because they didn't share the faith of those who listened to God.

(3) For only we who believe can enter **his rest**.
As for the others, God said, “In my anger I took
an oath: ‘They will never enter **my place of rest**
even though **this rest** has been ready since he
made the world.

(4) We know it is ready because of the place in the Scriptures where it mentions the seventh day: “On the seventh day **God rested from all his work.**” (5) But in the other passage God said, “They will never enter my place of **rest.**” (6) **So God’s rest is there for people to enter,** but those who first heard this good news failed to enter because they disobeyed God.

(7) So God set **another time for entering his rest**, and that time is **today**. God announced this through David much later in the words already quoted: “**Today when you hear his voice, don’t harden your hearts.**” (8) Now if Joshua had succeeded in giving them this **rest**, God would not have spoken about another day of **rest** still to come.

(9) So there is a **special rest** still waiting for the people of God.

(10) For all who have entered into **God's rest** have **rested** from their labors, just as God did after creating the world.

Joh 19:30 When Jesus had tasted it, he said, “It is finished!” Then he bowed his head and gave up his spirit.

Col 2:16-17 So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths. (17) For **these rules are only shadows** of the reality yet to come. And **Christ himself is that reality.**

Mat 11:28-29 Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. (29) Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

(11) So let us do our best to enter that **rest**. But if we disobey God, as the people of Israel did, we will fall.

Gal 2:16 yet we know that a person is not justified by **works of the law** but through **faith** in Jesus Christ, so we also have **believed** in Christ Jesus, in order to be **justified by faith in Christ** and **not by works of the law**, because **by works of the law** no one will be justified.

But if we disobey God, as the people of Israel did, we will fall. (12) For **the word of God is alive and powerful**. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. (13) Nothing in all creation is hidden from God. Everything is naked and exposed before his eyes, and he is the one to whom we are accountable.

(14) So then, since we have a great High Priest who has entered heaven, Jesus the Son of God, let us **hold firmly to what we believe**. (15) This High Priest of ours **understands our weaknesses**, for he faced all of the same testings we do, yet he did not sin. (16) So **let us come boldly** to the **throne** of our **gracious** God. There we will receive his **mercy**, and we will find **grace** to **help us when we need it most**.