



# Dying to Self

**Luke 9:23 ESV**

**<sup>23</sup> And he said to all, “If anyone would come after me, let him deny himself and take up his cross daily and follow me.**

---

## Romans 6:6-7 ESV

<sup>6</sup> We know that our old self<sup>[a]</sup> was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. <sup>7</sup> For one who has died has been set free<sup>[b]</sup> from sin.

## 2 Timothy 3:1-2 ESV

<sup>3</sup> But understand this, that in the last days there will come times of difficulty. <sup>2</sup> For people will be lovers of self, lovers of money, proud, arrogant, abusive, disobedient to their parents, ungrateful, unholy,

### Point 1. What is the old self / old man.

# 1 Corinthians 2:14 ESV

<sup>14</sup> The natural person does **not accept** the things of the Spirit of God, for they are folly to him, and he is not able to understand them because they are spiritually discerned.

## AMPLIFIED

<sup>14</sup> But the natural [unbelieving] man does not accept the things [the teachings and revelations] of the Spirit of God, for they are foolishness [absurd and illogical] to him; and he is incapable of understanding them, because they are spiritually discerned *and* appreciated, [and he is unqualified to judge spiritual matters].

**The old man lives by the flesh.**

## **Matthew 15:18-20 ESV**

<sup>18</sup> But what comes out of the mouth proceeds from the heart, and this defiles a person. <sup>19</sup> For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false witness, slander. <sup>20</sup> These are what defile a person. But to eat with unwashed hands does not defile anyone.”

## **1 Corinthians 3: 3 NKJV**

<sup>3</sup> for you are still carnal. For where *there are* envy, strife, and divisions among you, are you not carnal and [\[a\]](#)behaving like *mere* men?

## **Mark 7:21-23 ESV**

<sup>21</sup> For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, <sup>22</sup> coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. <sup>23</sup> All these evil things come from within, and they defile a person.”

## **Jeremiah 17:9 ESV**

<sup>9</sup> The heart is deceitful above all things, and desperately sick; who can understand it?

**Point 2. Why do we need to die to ourselves.**

## Galatians 2:20 ESV

<sup>20</sup> I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

## John 12:24-26 ESV

<sup>24</sup> Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. <sup>25</sup> Whoever loves his life loses it, and whoever hates his life in this world will keep it for eternal life. <sup>26</sup> If anyone serves me, he must follow me; and where I am, there will my servant be also. If anyone serves me, the Father will honor him.

## Romans 12:1 ESV

12 I appeal to you therefore, brothers,<sup>[a]</sup> by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.<sup>[b]</sup>

## Point 3. How to strengthen the spiritual man.

## Matthew 6:33 ESV

<sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you.

## Ephesians 5:17 ESV

<sup>17</sup> Therefore do not be foolish but understand what the will of the Lord is.

## Nehemiah 8:10 Amplified Bible, Classic Edition

<sup>10</sup> Then [Ezra] told them, Go your way, eat the fat, drink the sweet drink, and send portions to him for whom nothing is prepared; for this day is holy to our Lord. And be not grieved *and* depressed, for the joy of the Lord is your strength *and* stronghold.



## 1 Corinthians 13:4-7 ESV

<sup>4</sup> Love is patient and kind; love does not envy or boast; it is not arrogant <sup>5</sup> or rude. **It does not insist on its own way**; it is not irritable or resentful;<sup>[a]</sup> <sup>6</sup> it does not rejoice at wrongdoing but rejoices with the truth. <sup>7</sup> Love bears all things, believes all things, hopes all things, endures all things.

## Hebrews 12:1 NIV

**12** Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and **the sin that so easily entangles**. And let us run with perseverance the race marked out for us,

## Proverbs 12:26 NIV

<sup>26</sup> The righteous choose their friends carefully,  
but the way of the wicked leads them astray.