

A woman with long dark hair, wearing a black long-sleeved top and black pants, stands in a room. She is holding two sweaters on hangers. The sweater on the left is a muted brown color, and the one on the right is a light beige color. In the background, there is a large mirror on a stand and a wooden stool with metal legs. The room is brightly lit with soft, natural light.

Sin Series 05

# Put Off & Put On

2Co 5:17 ESV Therefore, if anyone is in Christ,  
**he is a new creation. The old has passed  
away;** behold, the new has come.

1Jn 3:9 ESV No one born of God makes a  
practice of sinning, for God's seed abides in him,  
and **he cannot keep on sinning because he  
has been born of God.**

Eph 4:17-32 ESV Now this I say and testify in the Lord, that **you must no longer walk as the Gentiles do**, in the futility of their minds. 18 They are darkened in their understanding, **alienated from the life of God** because of the ignorance that is in them, due to their hardness of heart. 19 They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity.

20 But that is not the way you **learned Christ!**--  
21 assuming that you have **heard** about him and  
were **taught** in him, as the **truth** is in Jesus, 22 to  
**put off your old self**, which belongs to your  
former manner of life and is corrupt through  
deceitful desires, 23 and to be renewed in the  
spirit of your minds, 24 and to **put on the new  
self, created after the likeness of God** in true  
righteousness and holiness.

Vs 25 Put off **lying** - speak the **truth**

Vs 26-27 Be **anger** and do not sin - don't let the sun go down, give **no opportunity** to the devil

Vs 28 Put off **stealing** - rather work to **give** to those in need

Vs 29 Put off **corrupting talk - build up others with your words** and give grace to those who hear

Vs 30 And **do not grieve the Holy Spirit of God**, by whom you were sealed for the day of redemption.

Vs 31-32 Put off the **bitterness, wrath, anger & clamor** - Be **kind, tenderhearted, forgiving**

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were **taught** in him, as the **truth** is in Jesus, 22 to  
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righteousness and holiness.

Rom 13:13-14 ESV Let us walk properly as in the daytime, not in orgies and drunkenness, not in sexual immorality and sensuality, not in quarreling and jealousy. 14 But **put on the Lord Jesus Christ**, and make no provision for the flesh, to gratify its desires.



1 Joh 4:15 "Whoever confesses that Jesus is the Son of God, **God abides in him**, and he in God."

Gal 2:20 "I have been crucified with Christ. It is no longer I who live, but **Christ who lives in me**. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

1Co 6:15 ESV Do you not know that **your bodies are members of Christ?** Shall I then take the members of Christ and make them members of a prostitute? Never!

1Co 6:19 "Or do you not know that your body is a temple of **the Holy Spirit within you**, whom you have from God? You are not your own, for you were bought with a price. **So glorify God in your body.**"