# Blessed Are Those Who Mourn

Series: The Sermon on the Mount

## Mat 5:4 ESV "Blessed are those who mourn, for they shall be comforted

MOURN - to grieve, feeling or the act; COMFORTED - to call near, beseech, comfort, exhort, intreat

#### There is a mourning of death that produces wisdom - in sorrow and mourning we consider our lives

• Ecc 7:2-4 ESV It is better to go to the **house of mourning** than to go to the house of feasting, **for this is the end of all mankind, and the living will lay it to heart.** 3 Sorrow is better than laughter, for by sadness of face the heart is made glad. 4 **The heart of the wise is in the house of mourning**, but the heart of fools is in the house of mirth.

### There is a mourning that comes from life's circumstance $\rightarrow$ He makes an exchange that glorifies Jesus

• Isa 61:1-3 ESV The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; 2 to proclaim the year of the LORD's favor, and the day of vengeance of our God; to comfort all who mourn; 3 to grant to those who mourn in Zion-- to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the LORD, that he may be glorified.

### There is a mourning of sin necessary for repentance - because we look at sin from God's perspective

- 1Co 5:1-2 ESV It is actually reported that there is sexual immorality among you, and of a kind that is not tolerated even among pagans, for a man has his father's wife. 2 And you are arrogant! **Ought you not rather to mourn?** Let him who has done this be removed from among you.
  - o Arrogance (Indifference or complacency?) rather than mourning
  - We make light of certain sins (just a little white lie)
  - We compare (not as bad as another person)
  - We take advantage of the grace of God

#### The power of godly sorrow → produced in them the motivation to deal correctly with sin

• 2Co 7:10-11 ESV For **godly grief produces a repentance** that leads to salvation without regret, whereas worldly grief produces death. 11 For see what **earnestness** this godly grief has produced in you, but also what **eagerness to clear yourselves**, what **indignation**, what **fear**, what **longing**, what **zeal**, what **punishment**! At every point you have proved yourselves innocent in the matter.

# Draw near & Humble Yourself...I think the cleansing, purifying, mourning and weeping flow from that

- Jas 4:8-10 ESV Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. 9 Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. 10 Humble yourselves before the Lord, and he will exalt you.
  - Wretched Realize your own misery
  - Draw Near to the Lord, Humble Yourself before the Lord He will exalt you

#### WHY should I care? My sin affects my relationship with the Lord

• Isa 59:2 ESV but your **iniquities have made a separation** between you and your God, and your sins have hidden his face from you so that he does not hear.

#### Stay in the word (preventative, because we begin to think of sin and our relationship to Him)

• Psa 119:11 ESV I have stored up your word in my heart, that I might not sin against you.

The blessing or comfort in mourning is  $\rightarrow$  Wisdom  $\rightarrow$  Glorify Jesus in the exchange  $\rightarrow$  Dealing with Sin