

**Restrain  
or  
Refrain**

**Exodus 32**

## Exodus 32:1-6

**When the people saw that Moses delayed to come down from the mountain, the people gathered themselves together to Aaron and said to him, “Up, make us gods who shall go before us. As for this Moses, the man who brought us up out of the land of Egypt, we do not know what has become of him.”** 2 So Aaron said to them, “Take off the rings of gold that are in the ears of your wives, your sons, and your daughters, and bring them to me.” 3 So all the people took off the rings of gold that were in their ears and brought them to Aaron.

**4** And he received the gold from their hand and fashioned it with a graving tool and made a golden calf. And they said, “These are your gods, O Israel, who brought you up out of the land of Egypt!” **5** When Aaron saw this, he built an altar before it. And Aaron made a proclamation and said, “Tomorrow shall be a feast to the Lord.” **6** And they rose up early the next day and offered burnt offerings and brought peace offerings. And the people sat down to eat and drink and rose up to play.

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## **2 Peter 3:8-10**

But do not overlook this one fact, beloved, that with the Lord one day is as a thousand years, and a thousand years as one day. The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a roar, and the heavenly bodies will be burned up and dissolved, and the earth and the works that are done on it will be exposed.

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**Vision**

**Prov 29:18** Where there is no prophetic vision the people cast off restraint, but blessed is he who keeps the law.



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## **Matt 26:30-35**

And when they had sung a hymn, they went out to the Mount of Olives. Then Jesus said to them, “You will all fall away because of me this night. For it is written, ‘I will strike the shepherd, and the sheep of the flock will be scattered.’ But after I am raised up, I will go before you to Galilee.” Peter answered him, “Though they all fall away because of you, I will never fall away.” Jesus said to him, “Truly, I tell you, this very night, before the rooster crows, you will deny me three times.” Peter said to him, “Even if I must die with you, I will not deny you!” And all the disciples said the same.



Presence

**Prov 27:23** Know well the condition of your flocks, and give attention to your herds,

## **Exodus 32:2**

So Aaron said to them, “Take off the rings of gold that are in the ears of your wives, your sons, and your daughters, and bring them to me.”



**Stability**

## **James 1:5-8**

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. But let him ask in faith, with no doubting, for the one who doubts is **like a wave of the sea that is driven and tossed by the wind**. For that person must not suppose that he will receive anything from the Lord; **he is a double-minded man, unstable in all his ways.**

## **Luke 17:1-2**

And he said to his disciples, “Temptations to sin are sure to come, but **woe to the one through whom they come!** It would be better for him if a millstone were hung around his neck and he were cast into the sea than that he should **cause one of these little ones to sin**



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# Setting Example

## Exodus 32:4

And he received the gold from their hand and fashioned it with a graving tool and made a golden calf. And they said, **“These are your gods, O Israel, who brought you up out of the land of Egypt!”**

**Prov 14:28** In a multitude of people is the glory of a king, but without people a prince is ruined.

## **James 1:17**

Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.

## Exodus 32:7-10

And the Lord said to Moses, **“Go down, for your people, whom you brought up out of the land of Egypt, have corrupted themselves.** 8 They have turned aside quickly out of the way that I commanded them. They have made for themselves a golden calf and have worshiped it and sacrificed to it and said, ‘These are your gods, O Israel, who brought you up out of the land of Egypt!’” 9 And the Lord said to Moses, “I have seen this people, and behold, it is a stiff-necked people. 10 Now therefore let me alone, that my wrath may burn hot against them and I may consume them, in order that I may make a great nation of you.”

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**Trust God with  
Unknown**

## **1 Thessalonians 3:4-5**

For when we were with you, we kept telling you beforehand that we were to suffer affliction, just as it has come to pass, and just as you know. For this reason, when I could bear it no longer, I sent to learn about your faith, for fear that somehow the tempter had tempted you and our labor would be in vain.

## Ex 32:11-14

But **Moses implored the Lord** his God and said, “O Lord, **why does your wrath burn hot against your people**, whom you have brought out of the land of Egypt with great power and with a mighty hand? **12 Why should the Egyptians say, ‘With evil intent did he bring them out, to kill them in the mountains and to consume them from the face of the earth’?** Turn from your burning anger and relent from this disaster against your people. **13 Remember Abraham, Isaac, and Israel**, your servants, to whom you swore by your own self, and said to them, ‘I will multiply your offspring as the stars of heaven, and all this land that I have promised I will give to your offspring, and they shall inherit it forever.’” **14** And the Lord relented from the disaster that he had spoken of bringing on his people.



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# Heart for Restoration

## **Matt 18:10-14**

“See that you do not despise one of these little ones. For I tell you that in heaven their angels always see the face of my Father who is in heaven. What do you think? If a man has a hundred sheep, and one of them has gone astray, **does he not leave the ninety-nine on the mountains and go in search of the one that went astray?** And if he finds it, truly, I say to you, he rejoices over it more than over the ninety-nine that never went astray. **So it is not the will of my Father who is in heaven that one of these little ones should perish.**

## Exodus 32:15-19

15 Then Moses turned and went down from the mountain with the two tablets of the testimony in his hand, tablets that were written on both sides; on the front and on the back they were written. 16 The tablets were the work of God, and the writing was the writing of God, engraved on the tablets. 17 When Joshua heard the noise of the people as they shouted, he said to Moses, “There is a noise of war in the camp.” 18 But he said, “It is not the sound of shouting for victory, or the sound of the cry of defeat, but the sound of singing that I hear.” 19 And as soon as he came near the camp and saw the calf and the dancing, **Moses' anger burned hot, and he threw the tablets out of his hands and broke them at the foot of the mountain.**

**Eph 4:26**

Be angry and do not sin; do not let the sun go down on your anger,

## Hebrews 12:5-9

“My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. **For the Lord disciplines the one he loves, and chastises every son whom he receives.**” It is for discipline that you have to endure. **God is treating you as sons.** For what son is there whom his father does not discipline? **If you are left without discipline, in which all have participated, then you are illegitimate children and not sons.** Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live?

# Anger and Discipline