# Holy Spirit - Walking According to the Spirit

## Starts with "no condemnation" ends with "no separation" (all God has done to help us)

- Rom 8:1 ESV There is therefore now **no condemnation** for those who are **in Christ Jesus**.
- Rom 8:39 ...nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

#### The two laws

 Rom 8:2 For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

#### How are we set free? (Adam → one sin, all condemned, Jesus → one righteous, all justified)

• Rom 8:3 For **God has done** what the law, weakened by the flesh, could not do. **By sending his own**Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh..... (see Rom 5:18)

#### Why are we set free?

• Rom 8:4.....in order that the righteous requirement of the law might be **fulfilled in us, who walk not** according to the flesh but according to the Spirit.

### Four ways the Spirit helps us walk in the Spirit of Life in Christ Jesus

- 1) The Spirit helps us put to death the deeds of the body
  - Rom 8:1313 For if you live according to the flesh you will die, but <u>if by the Spirit you put to death the</u> deeds of the body, you will live.

### 2) The Spirit helps us recognize our relationship with God

Rom 8:14-16 For all who are <u>led by the Spirit of God are sons of God</u>. For you did not receive the spirit of slavery to fall back into fear, but you have received <u>the Spirit of adoption</u> as sons, by whom we cry, "Abba! Father!" 16 The Spirit himself bears witness with our spirit that we are children of God......

#### 3) The Spirit gives a "taste" of future glory and puts suffering into perspective

• Rom 8:18 & 23 For I consider that the **sufferings** of this present time are not worth comparing with the glory that is to be revealed to us......23 we ourselves, **who have the firstfruits of the Spirit**, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies......

#### 4) The Spirit helps us in our weakness (moral, feeble, or sickness)& intercedes according to God's will

Rom 8:26-27 Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. 27 And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

# What's the bottom line? Q&A → If God is for us, who can be against us?

[SLIDE] Rom 8:31-39 What then shall we say to these things? [SLIDE]If God is for us, who can be against us? 32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? [SLIDE]33 Who shall bring any charge against God's elect? It is God who justifies. [SLIDE]34 Who is to condemn? Christ Jesus is the one who died--more than that, who was raised--who is at the right hand of God, who indeed is interceding for us. [SLIDE]35 Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword?.......38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

SUMMARY He has taken away our condemnation, and fixed His love upon us, He has freed us from the law of sin and death so we can walk according to the Spirit, and He helps us overcome sin, call on God as our Father, endure suffering and see a future hope, and intercedes for our weaknesses (moral, feeble or illness)