

Do Not Grieve  
the Holy Spirit

Eph 4:17-30 ESV Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their **minds**. 18 They are darkened in their **understanding, alienated from the life of God** because of the ignorance that is in them, due to their **hardness of heart**. 19 They have become **callous** and have given themselves up to **sensuality**, greedy to practice every kind of **impurity**.

20 But that is **not the way you learned Christ!**--  
21 assuming that you have heard about him and  
were taught in him, as the truth is in Jesus, 22 to  
**put off** your old self, which belongs to your former  
manner of life and is corrupt through deceitful  
desires, 23 and to **be renewed in the spirit of  
your minds**, 24 and to **put on** the new self,  
**created after the likeness of God** in true  
righteousness and holiness.

25 Therefore, having put away falsehood, let each one of you **speak the truth** with his neighbor, for we are members one of another.

26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil.

28 Let the thief no longer steal, but rather let him labor, **doing honest work** with his own hands, so that he may have **something to share** with anyone in need.

29 Let no corrupting talk come out of your mouths, but **only such as is good** for building up, as fits the occasion, that it may give grace to those who hear.

30 And do not grieve the Holy Spirit of God,  
by whom you were sealed for the day of  
redemption.



1Co 6:19 ESV Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body.

Eze 36:25-27 ESV I will sprinkle clean water on you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. 26 And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. 27 And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.