Pbp 4:2-3 MV

2 I plead with Ecodia and I plead with Syntyche to be of the same mind in the Lord. 3 Yes, and I ask you. my true companion, belp these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers. whose names are in the book of life.

Php 484 ESV

Rejoice in the Lord always; again I will say, rejoice.

Proverbs 17:22 NIV

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Php 4:6-7 NW

6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your bearts and your minds in Christ Jesus.

Php 4:8-9 MV

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure,

whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

9 Whatever you have learned or received or heard

And the God of peace will be with you.

Php 4:1115-13 NIV

11 ... I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the searet of being content in any and every situation, whether well fed or bungry, whether living in plenty or in want. 13 I can do all this through him who gives me strength.