

Song of Ascents 10 - Ps 129 - Victory Over Oppression

vs 1 They have greatly oppressed me from my youth

vs 2 **But** they have not gained the victory over me

vs 3 Plowmen have plowed my back and made their furrows long.

VS 4 **But** the LORD is righteous; he has cut me free from the cords of the wicked."

THEY - Many Sources

OPPRESS - A primitive root; to cramp,: - adversary, afflict (-ion), besiege, bind (up), (be in, bring) distress, enemy, oppress, pangs, shut up, be in a strait (trouble), vex.

YOUTH - no respecter of age

MANY SOURCES

People

Psa 3:1-4 A psalm of David. When he fled from his son Absalom. LORD, how many are my foes! How many rise up against me! Many are saying of me, "God will not deliver him."

But you, LORD, are a shield around me, my glory, the One who lifts my head high. I call out to the LORD, and he answers me from his holy mountain.

Satan Joh 10:10 The thief comes only to steal and kill and destroy; ***I have come that they may have life, and have it to the full.***

1Jn 3:8 ... The reason the Son of God appeared was to destroy the devil's work.

to "loosen" (literally or figuratively): - break (up), destroy, dissolve, (un-) loose, melt, put off.

Circumstances

2Co 4:8-9 We are hard pressed on every side, ***but not crushed***; perplexed, ***but not in despair***; persecuted, ***but not abandoned***; struck down, ***but not destroyed***.

Myself - do I let myself be overcome with evil ?

Rom 12:20-21 On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome

by evil, ***but overcome evil with good.***

VS 2 **But** they have not gained the victory over me

Moving from Victim to Victor - **Signs of a victim mindset**

1. Preoccupied with problems
2. Blame others - will not take personal responsibility
3. Self pity
4. Feel they have no control over anything
5. Unwillingness to make a decision so I don't have to be responsible

Read the scriptures above again, but emphasize the overcoming BUT phrase - and 2 Co 4:8-9 adds some interesting perspective

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|---|--|
| hard pressed - crowded | but not crushed - not hemmed in/ cramped |
| perplexed - at a loss mentally - no way out | but not in despair - not despondent utterly at a loss |
| persecuted - being pursued | but not abandoned - never forsaken |
| struck down - thrown down | but not destroyed - not perishing |

I want to be an overcomer

1. What is your source of truth? - trust that the truth will set you free

Joh 8:32 Then you will know the truth, and the truth will set you free."

2. Realizing Jesus has crushed the oppressor & overcame the world

Psa 72:4 May he defend the afflicted among the people and save the children of the needy; may he crush the oppressor.

Joh 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

3. It is a mindset - commitment/responsibility to obey His word

Rom 12:21 Do not be overcome by evil, but overcome evil with good.

Jesus frees people Isa 61:1-2 The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, **to proclaim freedom for the captives** and release from darkness for the prisoners, to proclaim the year of the LORD's favor and the day of vengeance of our God, to comfort all who mourn,